

Business Goals:

To do this, you need to **R.E.A.D.** your goals. **Review, Examine, Assess and Design**



Midyear is a great time to touch base with the goals you set this year. Whether you made a clear plan in January or kept your goals broad, it's time to check in. Consider assessing once a quarter or even monthly to stay on track and finish the year strong.

1 Review | Take stock of the goals you set.

- What goals did you set this year?
- What were your motivations for these goals?

2 Examine | Determine if your original goals fit your current lifestyle.

- What is your current career or life path?
- How do the goals you set fit into that path?

3 Assess | Compare your current numbers to where you were earlier in the year.

- What are your current earnings/what is the status of your life at the moment?
- Crunch the numbers to see where you are now relative to your end point.

4 Design | Create your plan for the rest of the year.

- List out the steps you need to take to reach your end goal in your timeframe.
- Stick with this plan, check in regularly.



Need help checking in and designing your plan?

Get a Coach! Buffini & Company One2One Coaching™ provides you with valuable accountability and guidance to build a strong business and achieve the goals you've had on hold for years. Get started with a complimentary coaching session today. **Please call us at 1-800-945-3485 x2 to schedule.**

